



British 4 Nations Karate Championships 2016

SENIOR, JUNIOR, CADET & CHILDREN BULLETIN 2

Ponds Forge International Arena, Sheffield, England

28-29th May 2016 Entries close May 12th

Please note these championships are open to WKF affiliated members only



The British Karate Federation are recognised by













Terry Connell BKF President

Dear Friends

After three consecutive years in Glasgow may I take this opportunity to welcome you to the British 4 Nations Championships, and to the host city of Sheffield.

The EKF competitors, coaches, and travelling families have shown great loyalty over these past few years in making the journey north at considerable expense. With the Emirates under threat of being reserved for the European Referendum in 2016 we felt it was time to show our gratitude to the support of England, and indeed Wales and Northern Ireland, and centralise the event in 2016.

In June 2015 the European Karate Federation had 38 member nations participating in the inaugural European Games in Baku, Azerbaijan. These games had the patronage of the European Olympic Committee and it was the first time karate had been invited to participate in an Olympic environment. The games went fantastically well from our perspective, and the news that the IOC will consider our application for participation in the Tokyo Olympic Games 2020 in Rio this August should prepare us for full Olympic integration.

It is vitally important that we recognise the influence Britain has had on decisions of this magnitude and the BKF will continue to lobby support at the highest level in this, the most important year in our long and proud history.

Terry Connell President: British Karate Federation







Saturday 28th May

KATA - INDIVIDUAL					
Category	Code	Category	Code		
Girls Kata 7-9 yrs	KA01	Boys Kata 7-9 yrs	KA04		
Girls Kata 10-11yrs	KA02	Boys Kata 10-11yrs	KA05		
Girls Kata 12-13yrs	KA03	Boys Kata 12-13yrs	KA06		

DISABILITY KATA – MIXED – ALL AGES				
Category	Code	Category	Code	
Disability Kata Able Bodied - all ages	KA07	Disability Kata Wheelchair - all ages	KA08	

KATA – PAIR TEAMS				
Category	Code	Category	Code	
Girls Pairs Team Kata 7-10 yrs	KAT01	Boys Pairs Team Kata 7-10 yrs	KAT03	
Girls Pairs Team Kata 11-13 yrs	KAT02	Boys Pairs Team Kata 11-13 yrs	KAT04	

KUMITE - INDIVIDUAL					
Category	Code	Category	Code		
Girls Kumite 7-9 yrs	KU01	Boys Kumite 7-9 yrs	KU06		
Girls Kumite 10-11yrs -35Kg	KU02	Boys Kumite 10-11yrs -35Kg	KU07		
Girls Kumite 10-11yrs +35Kg	KU03	Boys Kumite 10-11yrs +35Kg	KU08		
Girls Kumite 12-13yrs -40Kg	KU04	Boys Kumite 12-13yrs -40Kg	KU09		
Girls Kumite 12-13yrs +40Kg	KU05	Boys Kumite 12-13yrs +40Kg	KU10		

KUMITE – PAIR TEAMS				
Category	Code	Category	Code	
Girls Pair Team Kumite 7-9 yrs	KT01	Boys Pair Team Kumite 7-9 yrs	KT04	
Girls Pair Team Kumite 10-11yrs	KT02	Boys Pair Team Kumite 10-11yrs	KT05	
Girls Pair Team Kumite 12-13yrs	KT03	Boys Pair Team Kumite 12-13yrs	KT06	









Sunday 29th May

ΚΑΤΑ					
Category	Code	Category	Code		
Female Cadet Kata 14-15yrs	KA09	Male Cadet Kata 14-15yrs	KA14		
Female Junior Kata 16-17yrs	KA10	Male Junior Kata 16-17yrs	KA15		
Female U21 Kata	KA11	Male U21 Kata	KA16		
Female Senior Kata	KA12	Male Senior Kata	KA17		
Female Veteran All Grades 35yrs +	KA13	Male Veteran All Grades 35yrs +	KA18		

CADET KUMITE 14-15 YEARS					
Category	Code		Category	Code	
Female Cadet Kumite 14-15yrs -47Kg	KU11		Male Cadet Kumite 14-15yrs -57Kg	KU14	
Female Cadet Kumite 14-15yrs -54Kg	KU12		Male Cadet Kumite 14-15yrs -70kg	KU15	
Female Cadet Kumite 14-15yrs +54Kg	KU13		Male Cadet Kumite 14-15yrs +70Kg	KU16	

JUNIOR KUMITE 16-17 YEARS				
Category	Code		Category	Code
Female Junior Kumite 16-17yrs -53Kg	KU17		Male Junior Kumite 16-17yrs -61Kg	KU20
Female Junior Kumite 16-17yrs -59Kg	KU18		Male Junior Kumite 16-17yrs -76Kg	KU21
Female Junior Kumite 16-17yrs +59Kg	KU19		Male Junior Kumite 16-17yrs +76Kg	KU22

UNDER 21 KUMITE					
Category	Code	Category	Code		
Female Kumite U21 -55Kg	KU23	Male Kumite U21 -75Kg	KU26		
Female Kumite U21 -68Kg	KU24	Male Kumite U21 -84Kg	KU27		
Female Kumite U21 +68Kg	KU25	Male Kumite U21 +84Kg	KU28		

KUMITE SENIORS				
Category	Code	Category	Code	
Female Senior Kumite 18yrs+ -55Kg	KU29	Male Senior Kumite 18yrs+ -75Kg	KU32	
Female Senior Kumite 18yrs+ -68Kg	KU30	Male Senior Kumite 18yrs+ -84Kg	KU33	
Female Senior Kumite 18yrs+ +68Kg	KU31	Male Senior Kumite 18yrs+ +84Kg	KU34	

VETERAN OPEN KUMITE				
Category Code Category Code				
Female Veteran 35yrs +	KU35	Male Veteran 35yrs +	KU36	

KUMITE – TEAMS (3) – CADET, JUNIOR, SENIOR					
Category	Code		Category	Code	
Female Cadet Team	KT07		Male Cadet Team	KT10	
Female Junior Team	KT08		Male Junior Team	KT11	
Female Senior Team	KT09		Male Senior Team	KT12	





IMPORTANT NOTES

Photography and Recording

The BKF plan to engage a photographer who will take action/podium shots of the competitors. Photographs will be taken at the event for promotional purposes, however should anyone have a concern please contact the event organiser prior to the event.

IMPORTANT NOTES FOR COACHES:

Only NGB accredited coaches are permitted in the tatami area.

Following a BKF Refereeing Commission meeting it was decided that anyone wishing to coach at the tatami during a BKF event would have to have NGB accreditation to prove they were aware of the required rules, responsibilities and expected conduct. Without this accreditation a coach pass will not be issued by the event organiser. All coaches must register via Sportdata.

Coach: Dress code:

Coaches must be in association tracksuits and clearly display their coaching ID badge. Inappropriate dress, as deemed by the chief referee, will be refused access to the competition area. Only coaches adhering to the correct dress code and in possession of a coaching pass will be allowed on the competition area.

We fully intend to have Repechage for CADETS, JUNIORS and SENIORS Individual Kumite and Kata. However the chief referee has the authority to withdraw repecharge if the time frame becomes critical. Competitors can only compete in their own categories and cannot move up to compete in another category. In the unlikely event of low category entries the organisers reserve the right to amalgamate categories.

Insurance: It is the responsibility of each individual, or parent / guardian of a competitor if under 18 years of age, to have their own insurance cover for the event. Please advise your competitors accordingly regarding insurance cover. It is the responsibility of the clubs/coaches to ensure that all competitors are aware of this and have been advised of adequate cover. Association/club parental consent to compete is also required. This is the responsibility of the association.

Disclaimer: Karate is a martial art and contact sport. People can and do get injured and we cannot accept responsibility for any such injury, loss or accident arising from your participation in our training, competitions or associated activities and ask that you are aware, agree and accept this by entering or giving permission to enter this event. We should also be notified, in writing, of any medical condition that may have relevance to their participation in karate.

If you require any further information or assistance then please contact robert.w.morton@btinternet.com

BKF 4 Nations 2016 c/o Mr Bobby Morton, 5 Cambuskeith Road, Stevenston, Scotland KA20 4BU







All Competitor & Coach Registration is via Sportdata

Please note these championships are open to WKF affiliated members only

The British Karate Federation are pleased to announce that "*SportData*" is a major sponsor of BKF events. "*SportData*" allows for "on-line" registration. Many major championships around the world are now using "SportData". You will be able to see all the entries for the contest as well as the draw sheets once they have been generated. *This is the ONLY METHOD for registration for the British Karate Federation Events.*

All entries are online only: For registration please visit: <u>www.sportdata.org</u> For help on how to register online visit: <u>http://www.sportdata.org/set-online/fag en.php?active menu=fag</u>

It is the responsibility of coaches to ensure that all competitors are registered and are in the correct categories. Competitors are only allowed to compete in their own age/weight category and are not allowed to move up a category. Entries will only be accepted via your coach/association and not from individuals.

Should certain categories fail to meet an acceptable number of entries, or indeed an excess of entrants, the BKF event team reserve the right to alter/merge these categories to maintain the integrity of the competion.

Coach Registration: All coaches must register on-line via Sportdata before the closing date. Coach passes will only be issued to coaches who are NGB accredited and registered via SportData.

ENTRY FEES

Competitor		Spectator Entry Fees	
Indivudual Events	£22	Adults	£10
Team Events	£30	Children -16yrs / Concession	Free

Closing Date for entries is 12th May 2016.

No late entries permitted. Any amendments requested to entries will be subject to an administration fee of £10 per entry.

Cheques to be made out to British Karate Federation and not to BKF.

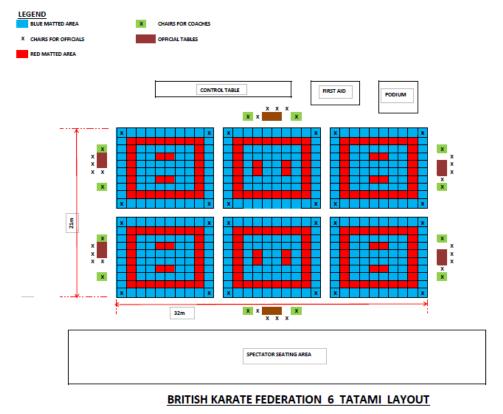
BACS details: Barclays Bank:	Sort Code: 20-33-70	Account No: 60542687
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Please ensure that if paying by BACS you have an identifying reference against your payment i.e. Club/Association Name. Please also provide a receipt or confirmation of your BACS payment to the organiser.





Venue lay out and Rules of the day



The BKF would like to thank Robert McQueen for his assistance with regard to the tournament floor plan.

Both days will start at 9am prompt with kata. Kumite will have staggered start times through the day. A full event schedule confirming start times will be published on Sportdata a week prior to the event.

Kata 7 – 9 years may alternate katas (performing a minimum of 2 different katas). Kata 10 -13 years may alternate katas (performing a minimum of 3 different katas.).

Kata 7-13 years. Dependent on category numbers and in order to minimise any time constraints AKA and AO will perform their kata simultaneously i.e on an area at the same time.

Kumite 7-13 years. Gumshield and hands mitts are compulsory. Shin/foot protectors are stongly recommended.

Kata and Kumite for 14/15 years and above will be held under WKF rules. WKF rules will be strictly applied in all categories for 14 years and above with the exception of face masks which are not compulsory.

Competitor check-in will be carried out prior to each category starting. If competitors are not checked in at this point they will automatically be disqualified and not allowed to compete. Please ensure your competitors are checked in on time prior to their category starting.

BKF Chief Referee: Mr Dale Gamble: REFEREES BRIEFING 8.30am